



## **SUN SMART POLICY**

### Rationale:

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

### Aims:

- ⇒ To educate students as to suitable SunSmart protection strategies.
- ⇒ To encourage children and teachers to protect themselves from the harmful effects of the sun.

### Implementation:

This policy is to be read as part of our Student Dress Code.

- ⇒ Children will be required to wear either the school legionnaire's hat or bucket hat (both Anti-Cancer Council approved) from mid-August to the end of April whenever they are outside.
- ⇒ Cool, loose-fitting, sun protective clothing made of densely woven fabric is included in our school uniform / dress code and sports uniform. It includes shirts with collars and elbow-length sleeves, longer dresses and shorts.
- ⇒ Staff will act as role models by also wearing broad brimmed hats and covering clothing when outside.
- ⇒ Children without the school hats will be restricted to play in designated shaded areas.
- ⇒ Children and staff will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Students are to provide their own SPF30 (or higher) broad spectrum, water-resistant sunscreen. Children will be reminded to apply sunscreen prior to recess/lunch breaks
- ⇒ Families are encouraged to purchase for their child the 'school sunglasses' (providing 100%UV protection and made to Australian Standards) to wear whenever outside. These are available to order through the school.
- ⇒ Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- ⇒ The school will provide adequate shade structures for students as practicable.
- ⇒ On extreme weather days children will be kept indoors during morning recess and lunch recess; PE/Sport will be conducted indoors
- ⇒ The school will ensure that school uniform sun hats and sunglasses are available for purchase through the office.
- ⇒ The school newsletter and school assemblies will be used to highlight and reinforce the SunSmart policy.
- ⇒ Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

### Evaluation:

This was policy was last ratified in January 2019.