

### WELLBEING STATEMENT

# Rationale:

"Wellbeing refers to student's physical, social and emotional wellbeing and development." (CEOM 2008). At Corpus Christi, wellbeing is a whole school approach with a prevention and early intervention emphasis. It is supported by the Catholic Education Office Student Wellbeing Strategy 2006 – 2010 and the National Safe Schools Framework.

### Aims:

- ⇒ To promote a school culture to create a safe and welcoming school.
- ⇒ To foster engagement and wellbeing
- ⇒ To raise awareness and develop a shared understanding of wellbeing with staff, students and parents
- ⇒ To appoint a Student Wellbeing Coordinator with time release.
- ⇒ To provide professional learning in this area.
- ⇒ To identify needs as part of the School Improvement Framework.
- $\Rightarrow$  To establish a core team.
- ⇒ To integrate Social Emotional Learning as part of the curriculum
- ⇒ To purchase resources to support SEL

# Implementation:

An integrated approach to Social Emotional Learning will be used throughout the school. At times, stand alone lessons will be implemented to ensure that the skills are explicitly taught. A variety of resources and programs will be used to support student wellbeing.

Links are made with the Victorian Essential Learning Standards especially in the areas of Physical, Personal and Social Learning and Interdisciplinary Learning.

An inquiry unit of work on Wellbeing is planned each year as part of our scope and sequence chart.

# Evaluation:

This statement will be reviewed as part of the school's three-year review cycle

This statement was last ratified in August 2011